

Willows High School
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www.willowsunified.org/whs

2017 ATHLETIC NEWSLETTER

Important dates and information for you!

All athletes that play sports for Willows High School need a current physical (**dated on or after July 1, 2017**) on file in the WHS office. Physicals will be offered this summer by Glenn Medical Center at the Family Care Clinic, 1133 W. Sycamore Street, Willows on **July 19th** starting at 3:30 p.m. (come dressed in a T-shirt and shorts). There will be **no charge** for these physicals. ***Before the physical will be completed, students need to turn in the health history form signed by their parents (forms are available on our website). All athletes should try and take advantage of this opportunity whether playing a fall, winter or spring sport.***

Athletes need to provide proof of insurance. This can be private, Medical (ID number is required) or student accident & health insurance (information can be picked up at the school). Also, athletes need to maintain a 2.0 GPA and not have more than one "F" in order to be eligible. Contact the WHS office if you have any questions regarding eligibility.

Willows Unified School District Board of Trustees has authorized a cost-deferred donation for all WHS student athletes. Each athlete is asked to pay a \$35.00 donation for each season of participation. Families with two or more students participating during the same sports season will be asked to donate at a rate of \$30.00 per athlete. Statisticians, scorekeepers, managers, pep-squad, etc. are not asked to pay the cost-deferred donation.

Student athletic packets are available in the WHS main office and on our website at www.willowsunified.org/whs/sports. This packet includes insurance information, the athletic code agreement, physical exam clearance, drug testing authorization form, helmet form and concussion form. All forms and fines need to be paid and completed and returned to the WHS office before any athlete will be allowed to participate. Fall schedules are on the website. ***For your information, the Willows High School office will reopen on July 20th. FIRST DAY OF SCHOOL IS AUGUST 10, 2017!***

Sports Information

Volleyball:

July 23rd – 26th Feather River Volleyball Team Camps, Cost \$175.00. Contact Carol Martin at 330-2863. WHS tryouts will be July 31st through August 3rd at 8:00 a.m. You must be at all three days to make the team. After tryouts, practice will begin on August 4th at 8:00 a.m. Remember all athletes must get their physical and have all of their paperwork turned into the WHS Office. No exceptions!

Girls Tennis:

Practice begins August 7th from 3:00 p.m. to 5:00 p.m. – WHS Tennis Courts
Bring racquet and plenty of water. First match is August 22nd vs. Oroville.

Football:

The 2nd Annual Honker Summer Classic Softball Tournament will be on July 22nd and 23rd. Parent/player meeting for all levels will be at 6:00 p.m. in the cafeteria on July 27th. For those players that are cleared through the WHS office, the coaches will be passing out gear July 28th, 9:00 a.m. for Varsity and 10:00 a.m. for JV. The first official day of practice will be on July 31st and the first scrimmage will be on August 19th here in Willows. The first game will be August 25th vs. Durham. If you are interested in leasing and/or buying a helmet, please visit the following website: www.armorzone.com

Cross Country:

Practice begins on Monday, July 31st in the WHS weight room at 9:00 a.m. Make sure you bring your running shoes. First meet is September 5th at Corning.

ASB Information

The first ASB meeting will be on August 1, 2017 in Room 205, 1:00 p.m. Keep up to date and follow us on [Facebook](#) at WHS ASB!