

Willows High School
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www.willowsunified.org/whs

2021 ATHLETIC NEWSLETTER

Important dates and information for you!

All athletes that play sports for Willows High School need a current physical (**dated on or after July 1, 2021**) on file in the WHS office. Physicals will be offered this summer by Dr. Reid's Office at 263 N. Villa, Willows on **July 14th** starting at 5:00 p.m. for \$10.00 cash only. Glenn Medical Center will also be offering physicals at their Family Care Clinic, 1133 W. Sycamore Street, Willows on **July 15th** from 3:00 p.m. to 6:00 p.m. There will be **no charge** for these physicals. (come dressed in a T-shirt and shorts) ***Before the physical will be completed, students need to turn in the health history form signed by their parents (forms are available on our website). All athletes should try and take advantage of this opportunity whether playing a fall, winter or spring sport.***

Athletes need to provide proof of insurance. This can be private, Medical (ID number is required) or student accident & health insurance (information can be picked up at the school). Also, athletes need to maintain a 2.0 GPA and not have more than one "F" in order to be eligible. Contact the WHS office if you have any questions regarding eligibility.

Student athletic packets are available in the WHS main office and on our website at www.willowsunified.org/whs/sports. This packet includes insurance information, the athletic code agreement, physical exam clearance, drug testing authorization form, helmet form and concussion form. All forms and fines need to be paid and completed and returned to the WHS office before any athlete will be allowed to participate. Fall schedules are on the website. ***For your information, the Willows High School office will reopen on July 22nd. FIRST DAY OF SCHOOL IS AUGUST 12, 2021!***

Sports Information

Volleyball:

Thunder Volleyball Camp is August 2nd through 5th (9:00 a.m. – 11:00 a.m.) for grades 9-12 at the Willows High School gym, price \$125.00 - Call Carol Martin at 330-2863 to sign up and for any additional information. July 18th – 21st Feather River Volleyball Team Camps, Cost \$275.00. Contact Carol Martin at 330-2863. WHS tryouts will be August 9th through August 11th at 9:00 a.m. You must be at all tryouts to make the team. Remember all athletes must get their physical and have all of their paperwork turned into the WHS Office before tryouts. No exceptions!

Girls Tennis:

Open court begins August 3rd through 5th from 9:00 a.m. to 11:00 a.m. – WHS Tennis Courts. Bring racquet and plenty of water. If you have any questions, you can email Coach Smith at kendallsmith@willowsunified.org.

Football:

Parent/player meeting for all levels will be at 5:30 p.m. in the cafeteria on July 28th. For those players that are cleared through the WHS office, the coaches will be passing out gear July 29th, 5:00 p.m. for Varsity and 6:30 p.m. for JV. The first official day of practice will be on August 2nd and the first scrimmage will be on August 20th in Willows against Anderson. The first game will be August 27th vs. UPREP. If you need to contact the Varsity coach please email him at jcano@willowsunified.org. You can also contact the JV coach at andy.c.lederer@gmail.com.

Cross Country:

Stay tuned to hear when Cross Country practice will begin. If you have questions, please email Coach Stupey at rstupey@willowsunified.org.

Swimming:

Practice begins on Monday, August 2nd at the WHS pool. All swimmers are expected to bring your own suit, goggles and towels to practice. Please email Coach Sears at psears@willowsunified.org if you need any other information.